

Very informative, practical information you can use everyday.

PLEASE bring in more conferences with my colleagues.

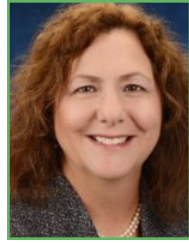
Wonderful way to create communication throughout our community and realizing we all have the same goals.

Great topics, dynamic speaker, facility was comfortable.

She was excellent; it was nice having ample time for questions.

## Meet our Guest Speaker:

**Kathie Marinelli**  
MD, IBCLC, FABM, FAAP



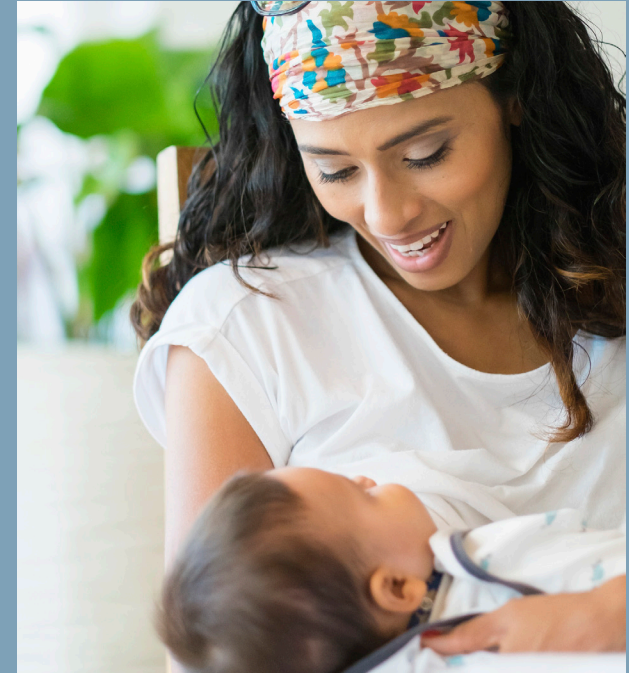
Kathie, an Associate Professor of Pediatrics, University of CT School of Medicine, is a neonatologist and member of the Human Milk Research Center at CT Children's Medical Center, Hartford, CT. She graduated from Cornell University and Cornell University School of Medicine completing postgraduate training in Pediatrics, Pediatric Nephrology and Neonatology at Children's National Medical Center, George Washington University, Washington DC USA. In the inaugural group of physicians designated "Fellow of the Academy of Breastfeeding Medicine" (FABM), she served twelve years on the ABM Board of Directors, chaired the Protocol committee, and chaired the US Breastfeeding Committee 2013-2014. Elected to the International Lactation Consultant Association Board July 2014-July 2017, she is on the American Academy of Pediatrics Section on Breastfeeding, serves as the AAP Connecticut Chapter Breastfeeding Coordinator since 2000, and Chairs the Baby-Friendly USA NICU Initiative. She was instrumental in drafting and passing comprehensive breastfeeding in the workplace legislation in CT in 2001, and Jury Duty Legislation in 2012. Initially founding Medical Director of the New England Mother's Milk Bank she is currently co-Medical Director of the Mothers' Milk Bank of the Western Great Lakes and has authored many chapters, monographs, peer-reviewed manuscripts, and ABM protocols. Her research centers on breastfeeding and the use of human milk in the NICU, cup feeding, donor milk/donor milk banking, the Baby-Friendly NICU, global maternal-child issues and the education of medical professionals.



ithaca breastfeeding coalition  
<http://ithacabreastfeedingcoalition.org>

# 5th ANNUAL Ithaca Breastfeeding Coalition Conference

November 17-18, 2016



Guest Speaker:  
**Kathie Marinelli MD, IBCLC, FABM, FAAP**



ithaca breastfeeding coalition

In collaboration with



A Member of Cayuga Health System

THURSDAY, NOVEMBER 17

**Hotel Ithaca**

222 South Cayuga Street • Ithaca, New York 14850 • (607) 272-1000  
8:00 am – 4:30 pm

**8:00 - 8:30 am Registration and Welcome**

**8:30 - 10:00 am**

**The Journey to Successful Breastfeeding:  
Pregnancy through Hospital Discharge**

Let's begin our journey where our journey began, as mammals, and discuss how we got to where we are now in feeding our infants. We will discuss best practices in educating and supporting women concerning infant feeding, birth and postpartum practices most supportive of breastfeeding and approaches to common pitfalls in the first several days.

**10:00 - 10:15 am Break**

**10:15 - 11:45 am**

**The Journey to Successful Breastfeeding:  
Hospital Discharge through 6 Months of Life**

We will discuss support for breastfeeding families through the first difficult weeks of life and how to successfully intervene in the issues that cause women to stop breastfeeding in that crucial time. We will describe normal breastfeeding behavior and growth through the first 6 months of life; and review some of the more common issues that arise.

**11:45 am - 12:00 pm Question & Answers**

**12:00 pm - 12:45 pm Lunch (provided)**

**12:45 - 2:15 pm**

**People, Politics and Power: Embracing Diversity  
and Bridging Inequities in Breastfeeding**

Today we are witnesses to inequity and fear of diversity every day. It exists in every aspect of our lives, including lactation. To begin to make a difference, we must begin to understand. We will describe racism and its different forms; discuss racial bias and how it enters into and affects the field of lactation; identify the benefits of diversity and inclusion in the field of lactation; and begin to explore bridging inequities and overcoming the challenges of disparities in this field.

**2:15 - 2:30 pm Break**

**2:30 - 4:00 pm**

**Substance Use, Abuse and Breastfeeding:  
What is Known and Still to Know?**

With the prevalence of drug use and abuse climbing in all populations, including pregnant and lactating women, it is important for all of us to understand its effects on the mother and the child. In this session we will review the epidemiology of drug use in pregnancy and lactation, looking at factors affecting drug transport into human milk and determine drug compatibility with lactation. Current knowledge of individual drugs of addiction in relationship to lactation and Neonatal Abstinence Syndrome will be explored.

**4:00 pm - 4:15 pm Question & Answers**

**4:15 pm Evaluations and Closing**



FRIDAY, NOVEMBER 18

**Howell Education Center • Cayuga Medical Center**  
101 Dates Drive • Ithaca, New York 14850  
7:30 am – 8:30 am

**7:30 - 8:30 am CMC Regional Lecture Series**

**The Inter-relationships between Pregnancy,  
Obesity and Breastfeeding**

Overweight and obesity are on the rise in every country in the world with "huge" health consequences. We will spend this time describing the known impact of maternal obesity on pregnancy and fetal risks; how prenatal nutrition and maternal diabetes can influence future nutrition and obesity risks in the growing baby; and listing complications of labor, delivery and breastfeeding associated with maternal obesity. We will conclude with a discussion of what is known of the role of breastfeeding as the first intervention in the prevention of obesity.

*\*Approval for CERPS is pending.*



**\*CREDITS:** Cayuga Medical Center is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

Cayuga Medical Center designates this live activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.